

Transvaginal Ultrasound Instructions

1. ONE hour before the appointment, drink 8 oz. water.
✓ Avoid carbonated beverages.
2. PLEASE, DO NOT urinate prior to the exam. We may need to collect a urine sample.
3. When you arrive, we will place a probe in your vagina to evaluate your internal organs. Sometimes this can cause discomfort but should not cause pain.
4. The images will be reviewed by Dr. Schmagel or Dr. Whaley and you will be notified of the results within a few days.