

Transabdominal Ultrasound Instructions

1. ONE hour before the appointment, drink 32 oz. water.
✓ Avoid carbonated beverages.
2. Finish drinking the water prior to checking in for appointment.
3. PLEASE, DO NOT urinate prior to the exam. We need your bladder full for the exam and may need to collect a urine sample.
4. When you arrive, we will place a probe on your abdomen to evaluate your internal organs. You may feel some pressure, but it should not be painful.
5. The images will be reviewed by Dr. Schmagel or Dr. Whaley and you will be notified of the results within a few days.